

# Life In The Body

News and Notes for the :  
Shelbyville  
Church of Christ

**June 11, 2017**

## *You Are What You Think*

We often hear the phrase, "You are what you eat." For many of us, that's a sobering thought...I love to eat pork... But this same thought may be true when it comes to that upon which our minds dwell.

Paul says, *"Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things. What you have learned and received and heard and seen in me—practice these things, and the God of peace will be with you"* (Philippians 4:8-9). Paul clearly believes there is a significance to what we think.

Paul explains that we must keep our mind true. If we are going to follow in the steps of Jesus, we must be true and teach truth. We are to keep our thoughts on that which is honorable. Peter exhorts us to *"Keep your conduct...honorable, so that when [others] speak against you as evildoers, they may see your good deeds and glorify God..."* (1 Peter 2:12). And we need to keep our thoughts just and pure. We must keep our minds on that which is lovely, commendable, excellent, and praiseworthy. These words are descriptive of God and his pres-

ence, his countenance. Essentially, Paul is calling for his readers to be imitators of God.

If we are what we eat, is it possible that we are what we think? Are we living out the image of God? Let's make sure we are focusing our minds on that which brings honor and glory to God.

— Keith Harris

## *Tribulation and Good Cheer*

I once heard Hardeman Nichols define a paradox as "truth standing on its head." How surprised the audience must have been when Jesus used a number of these sayings in his teaching!

Take, for instance, his insistence found in John 16:33, *"I have said this to you, that in me you may have peace. In the world you have tribulation; but be of good cheer, I have overcome the world."*

It's right there in your Bible, *"In the world you have tribulation."* That sounds like a fact to me. No getting around it. If you are a disciple of Jesus, that is your lot! Tribulation is coming — period! We have to come to grips with this reality. Simon Peter felt the fury of many persecutions; Stephen was stoned to death; James was slain with the sword; Paul was not unmindful of the many stripes placed on his back. Halford Luccock said persecution came to the early church as a tidal wave, but the church got on top and rode it to victory.

So when tribulation comes to us, how should we respond? *"Be of good cheer,"* said Jesus.

How's that for a strange saying? Is it possible? It is because Jesus has overcome the world. The outcome has already been decided. In Christ we have peace and good cheer.

To a paralytic Jesus said, *"Take heart, my son."* To a father whose son had died, he said, *"Do not fear, only believe."* To the terrified disciples during a storm at sea, he said, *"Take heart, it is I; have no fear."*

In the midst of tribulation we need to hear his words, *"be of good cheer, I have overcome the world."* His victory will soon be ours!

— John Gibson

## Sin has four characteristics:

- \* Self-sufficiency instead of faith
- \* Self-will instead of submission
- \* Self-seeking instead of benevolence
- \* Self-righteousness instead of humility

- Paul Harvey

*"We know that everyone who has been born of God does not keep on sinning..."* ( 1 John 5:8, ESV )

## Gospel Meetings:

The **Walnut Chapel Church of Christ** east of Casey, will host a gospel meeting the 19<sup>th</sup> thru the 23<sup>rd</sup>. Services will be at 7:00 p.m. The speaker will be Andrew Roberts. The flyer is on the bulletin board if you want more information.

The **Paris Church of Christ** will host a gospel meeting the 26<sup>th</sup> thru the 28<sup>th</sup>. The speaker will be Mark Day and services will be at 7:00 p.m. each evening. For info see Flyer on the board.

**Prayer List :** The prayer list communicates the needs of others who need our prayers. It for the purpose of assisting us as we strive for faithfulness in our prayer life, but if it just sets there the same week after week, it begins to become easy to ignore it. Therefore, we are in the process of updating it. Anyone who is not renewed on the list will be dropped this week so please communicate your requests to me or an elder.

**Pride Packages For Soldiers:** We rotate the items that we bring in so there will be a variety of things available for Pat to send to our soldiers. For the next 2 weeks we'll be bringing :  
\*Flavoring packets for water, Rice Krispies treats, Little containers of ravioli, Easy mac & cheese, Soups pull tab cans  
( *Respecting Islam .. U.S. gov. forbids pork products or religious items* )

## Anniversaries :

Greg & Rosanne ..... June 12

**NEXT WEEK :** ( **June 18, 2017** )

**Song Leader :** **Stan**

**Scripture Reader :** **Butch**

**Table & Announcements :** **Tim**

### *Prayer list :*

**Rosanne:** She beginning to adjust to life in a wheelchair, but not comfortable with it. Working from home gives her some encouragement. Greg's trying to be a good-caregiver.

**Bob Stevens :** Bob is having some painful complications as a result of his recent arthroscopic knee surgery. He on crutches, but glad to be getting around a little.

**Brenda Stevens :** Brenda anxiously awaits a treatment at the pain clinic, but it's not until the 26<sup>th</sup>. She suffers from a severely pulled muscle in her back, blood clots on her lungs and chronic hip and back pain.

**Megan Nichols :** Her head injury continues to be very slow to heal. She's having therapy, but it's a lengthy process.

### **Those with ongoing need of prayer :**

#### *Those with age related issues :*

Doris, Ruby, Mary Smith, Marg, Pete & Hazel, Betty, Francis

#### *Other members with ongoing issues :*

**Madonna :** Madonna's chemo will continue indefinitely.

Glenda Hyneman : Improving, but issues remain / surgery

Jerry Rankin : Heart Issues

Butch Reynolds : Heart condition and back issues

Jannetta Calvert : Dialysis , kidneys removed due to cancer.

**Cancer has returned** and is starting chemo treatments.

Ernie Wasson : He is having on going problems with strokes, but had a good week for his 60<sup>th</sup> wedding anniversary,

Dan Luidhardt : Wayne's friend is suffering from kidney failure due to diabetes. Stabilized, but remains an ongoing problem.

***Friends and relatives of members :***

Jeff Yantis : Stan's nephew, has started cancer treatments.

Larry Bales : Macular Degeneration - has lost one eye

**\* Each day as you pray for those on this list,  
always include our congregation and her elders.**

*Visitors are always welcomed.  
We invite you to visit our assemblies.*

**Schedule of Services :**

Sunday Morning : Bible Study .... 9:30 a.m.  
Worship ..... 10:20 a.m.

Sunday Evening : Worship ..... 6:00 p.m.

Wednesday : Bible Study ..... 7:00 p.m.

***Ya'll Come !***